

Rainton 10K June 27th 2010

<u>Pos</u>	<u>NAME</u>	<u>NO</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>TIME</u>
1	DUNN.G	15	THIRSK & SOWERBY HARRIERS	M40	33.36
2	HALLIDAY.A	97	THIRSK & SOWERBY HARRIERS	M	34.56
3	MEADE.F	112	LEEDS CITY A.C.	M	35.04
4	HALL.R	199	THIRSK & SOWERBY HARRIERS	M45	36.21
5	DALTON.L	5	UNATTACHED	M	36.31
6	HAMILTON.R	147	HARROGATE HARRIERS	M	37.29
7	MACVICAR.S	90	WETHERBY RUNNERS	MU25	37.38
8	MASTERMAN.D	13	DURHAM CITY HARRIERS	M	37.44
9	DOBBY.A	66	HARROGATE HARRIERS	M	37.56
10	CHRISTIE.D	130	UNATTACHED	M40	38.04
11	CHOULES.C	152	THIRSK & SOWERBY HARRIERS	M40	38.09
12	BROWN.K	133	UNATTACHED	M	38.17
13	EMMETT.P	102	WETHERBY RUNNERS	M45	38.28
14	JOHNSON.J	170	HARROGATE HARRIERS	MU25	38.40
15	YOUNG.J	68	HARROGATE HARRIERS	M	38.47
16	TRUDGEON.S	85	HARROGATE HARRIERS	M45	38.51
17	TOMASZEWSKI S	103	THIRSK & SOWERBY HARRIERS	M50	39.21
18	RICHARDSON.C	32	YORK KNAVESMIRE HARRIERS	M45	39.37
19	MAW.R	119	SCARBOROUGH A.C.	M40	39.45
20	DEACON.M	173	NIDD VALLEY ROAD RUNNERS	M45	39.49
21	SHAW.M	91	HARROGATE HARRIERS	M40	40.01
22	MOLYNEUX.G	87	HARROGATE HARRIERS	M45	40.21
23	TODD.A	7	NIDD VALLEY ROAD RUNNERS	M45	40.26
24	BURN.R	195	THIRSK & SOWERBY HARRIERS	M55	40.32
25	NESBITT.S	183	HARROGATE HARRIERS	M40	40.35
26	OLIVER.J	47	YORK KNAVESMIRE HARRIERS	M55	40.37
27	STALKER.P	6	NIDD VALLEY ROAD RUNNERS	M	40.46
28	JEFFREY.M	34	OTLEY A.C.	M55	41.20
29	KENDALL-LANSELL.M	191	SCARBOROUGH A.C.	M45	41.22
30	SHEPHERD.D	163	HOLMFIRTH HARRIERS	M50	41.24
31	MUNSON.P	127	RIPON RUNNERS	M55L	41.39
32	OATES.S	31	RIPON RUNNERS	M40	41.44
33	RANDALL.M	21	SWALEDALE ROAD RUNNERS	M40	41.46
34	CAVE.S	197	UNATTACHED	M	41.48
35	DOWIE.P	72	HARROGATE HARRIERS	M	41.51
36	MAYHALL.T	61	UNATTACHED	M50	42.01
37	HOOPER.P	186	UNATTACHED	M45	42.05
38	LOFTHOUSE.J	18	RIPON RUNNERS	MU25	42.14
39	JORDAN.M	100	HARROGATE HARRIERS	M55	42.17
40	MILLER.B	73	HARROGATE HARRIERS	M50	42.22
41	TOPPING.D	198	UNATTACHED	M	42.28
42	SMITH.M	16	YORK KNAVESMIRE HARRIERS	M	42.33
43	GAWTHORPE.J	146	UNATTACHED	M	42.35
44	ATKINSON.P	113	THIRSK & SOWERBY HARRIERS	M40	42.39
45	BLANE.J	52	HARROGATE HARRIERS	M45	42.42
46	<i>JOHNSON.E</i>	371	SWALEDALE ROAD RUNNERS	F40	42.48
47	HUNTER.L	25	UNATTACHED	M50	42.54
48	BYRNES.G	75	HARROGATE HARRIERS	M50	42.57

49	EDGEWORTH.B	84	THIRSK & SOWERBY HARRIERS	M40	43.04
50	CLOSE.S	14	WETHERBY RUNNERS	M	43.08
51	NATTRESS.C	49	UNATTACHED	M	43.10
52	SMITH.S	148	HARROGATE HARRIERS	M55L	43.12
53	<i>NETTLETON.S</i>	421	YORK KNAVESMIRE HARRIERS	F45	43.16
54	BARNES.N	98	VALLEY STRIDERS	M	43.31
55	<i>HOPWOOD.K</i>	420	SWALEDALE ROAD RUNNERS	F40	43.35
56	TOVEY.S	188	UNATTACHED	ML	43.45
57	KELLY.P	105	DARLINGTON HARRIERS	M50	43.50
58	COOK.J	95	UNATTACHED	M50	43.55
59	<i>JOHNSON.J</i>	393	HOLMFIRTH HARRIERS	F45	43.56
60	WILKS.G	168	RIPON RUNNERS	M	44.03
61	HAWKINS.K	77	RIPON RUNNERS	M40L	44.18
62	PAILING.K	2	ROTHWELL HARRIERS	M60	44.24
63	DARTON.D	43	YORK KNAVESMIRE HARRIERS	M50	44.27
64	SMITH.A	165	HOLMFIRTH HARRIERS	M45	44.30
65	RENDER.S	200	UNATTACHED	M45	44.33
66	LEA.C	44	YORK KNAVESMIRE HARRIERS	M40	44.36
67	KELLY.M	169	NIDD VALLEY ROAD RUNNERS	M45	44.38
68	SMITH.S	55	NIDD VALLEY ROAD RUNNERS	M40	44.42
69	MACLEOD.A	24	YORK KNAVESMIRE HARRIERS	M45	44.48
70	YAPP.I	111	UNATTACHED	M40L	44.57
71	MACE.J	51	LEEDS CITY A.C.	M55	44.59
72	JOHNSTONE.R	154	RIPON RUNNERS	M50	45.08
73	<i>HALL.A</i>	457	THIRSK & SOWERBY HARRIERS	F50	45.18
74	SUTTON-HAIG.L	56	THIRSK & SOWERBY HARRIERS	M45	45.21
75	ESSEX.T	145	HARROGATE HARRIERS	M60	45.41
76	HANSEN.A	193	RIPON RUNNERS	M45L	45.48
77	GOULDING.I	172	HOLMFIRTH HARRIERS	M45	45.51
78	<i>RICHARDSON.T</i>	392	TOTLEY A.C.	F45	46.01
79	POCOCK.T	38	HARROGATE HARRIERS	M50	46.07
80	ADDISON.G	129	SEDFIELD HARRIERS	M40	46.09
81	APPLETON.J	10	UNATTACHED	ML	46.11
82	<i>MARKS.L</i>	441	WETHERBY RUNNERS	F45	46.12
83	APPLETON.R	96	UNATTACHED	ML	46.15
84	MERCER.N	27	UNATTACHED	ML	46.17
85	<i>CARDEN.K</i>	410	UNATTACHED	F35	46.23
86	<i>ROBINSON.S</i>	312	UNATTACHED	F35	46.28
87	TULEY.A	116	UNATTACHED	M45	46.40
88	<i>ATKINSON-TAIT.J</i>	340	SEDFIELD HARRIERS	F40	46.43
89	WARD.J	192	RIPON RUNNERS	M60	46.47
90	ROBINSON.P	101	NIDD VALLEY ROAD RUNNERS	M45	46.50
91	<i>DEACON.F</i>	423	NIDD VALLEY ROAD RUNNERS	F45	46.54
92	BROWN.C	167	RIPON RUNNERS	M60L	46.58
93	WADE.B	80	HOLMFIRTH HARRIERS	M65	47.03
94	DOLAN.P	164	HOLMFIRTH HARRIERS	M50	47.31
95	PRICE.M	79	HARROGATE HARRIERS	M45	47.36
96	<i>BOOTH.N</i>	424	THIRSK & SOWERBY HARRIERS	F45L	47.39
97	MIDDLETON.J	22	YORK KNAVESMIRE HARRIERS	M50	47.41
98	<i>LAWRENCE.N</i>	394	YORK KNAVESMIRE HARRIERS	F	47.43

99	<i>CASSAR.A</i>	429	SWALEDALE ROAD RUNNERS	F	47.44
100	<i>HOWARD.L</i>	309	UNATTACHED	F40	47.48
101	<i>SHARPLES.S</i>	311	WETHERBY RUNNERS	F40	47.55
102	CASSAR.R	176	SWALEDALE ROAD RUNNERS	M65	48.02
103	WRIGHT.P	196	RIPON RUNNERS	M50L	48.11
104	HOLT.M	8	RIPON RUNNERS	ML	48.13
105	NICKLAS.D	110	RIPON RUNNERS	M45	48.19
106	WESTON.D	45	DARLINGTON HARRIERS	M60	48.23
107	EVITT.K	94	THIRSK & SOWERBY HARRIERS	M55	48.26
108	<i>OATES.E</i>	321	RIPON RUNNERS	F35	48.38
109	GIBB.A	92	BEDALE & AISKEW	M50	48.43
110	STURGEON.D	83	YORK KNAVESMIRE HARRIERS	M	48.46
111	LITTLE.S	28	IDLE A.C.	M50	48.52
112	O'ROURKE.P	71	RIPON RUNNERS	M40	49.03
113	HUTCHINSON.T	149	UNATTACHED	ML	49.07
114	COOPER.D	17	RIPON RUNNERS	M45L	49.09
115	<i>DAVIES.C</i>	439	ROTHWELL HARRIERS	F50	49.19
116	DAVIDSON.D	150	UNATTACHED	ML	49.22
117	NEWSOME.M	157	RIPON RUNNERS	M45	49.24
118	LOCKEY.R	153	UNATTACHED	M40	49.26
119	<i>FAWCETT.E</i>	436	UNATTACHED	FL	49.27
120	F'ANSON.W	132	NYP TRI	M40	49.28
121	DEVLIN.P	26	SWALEDALE ROAD RUNNERS	M50	49.30
122	WAUD.M	181	UNATTACHED	M45	49.33
123	<i>WALLACE.J</i>	400	RIPON RUNNERS	F45L	49.33
124	RAE.K	122	THIRSK & SOWERBY HARRIERS	M45L	49.37
125	<i>SHOUKSMITH.C</i>	415	UNATTACHED	F50	49.47
126	<i>GRADWELL.E</i>	342	YORK KNAVESMIRE HARRIERS	F	50.03
127	HIRST.M	89	HARROGATE HARRIERS	M60	50.08
128	<i>KNIGHT.J</i>	347	THIRSK & SOWERBY HARRIERS	F35	50.12
129	<i>HEAP.L</i>	408	UNATTACHED	F35	50.28
130	SMITH.I	82	WETHERBY RUNNERS	M50	50.39
131	<i>DAVID.E</i>	372	NIDD VALLEY ROAD RUNNERS	F	50.55
132	UMPLEBY.M	76	HARROGATE HARRIERS	M	50.59
133	<i>MOSSMAN.B</i>	356	UNATTACHED	F40	51.06
134	TICKNER.D	106	UNATTACHED	M40L	51.15
135	<i>BLANE.C</i>	416	HARROGATE HARRIERS	FU25	51.18
136	<i>CRAVEN.L</i>	438	UNATTACHED	F35	51.19
137	BAINBRIDGE.P	57	BEDALE & AISKEW	M60	51.28
138	<i>BARBER.K</i>	401	UNATTACHED	F35	51.32
139	BENNETT.C	180	RIPON RUNNERS	M60L	51.37
140	MEDLAR.M	4	YORK KNAVESMIRE HARRIERS	M50	51.40
141	<i>PRICE.H</i>	364	HARROGATE HARRIERS	F40	51.48
142	<i>MCRAE.J</i>	343	NEWTON AYCLIFFE A.C.	F45	51.52
143	MAGUIRE.J	161	UNATTACHED	MU25L	51.55
144	HARMER.A	41	UNATTACHED	M65	51.58
145	<i>SEATON.J</i>	385	THIRSK & SOWERBY HARRIERS	F50	52.16
146	BOOTH.S	174	THIRSK & SOWERBY HARRIERS	M45L	52.28
147	<i>VEHIGE.K</i>	344	UNATTACHED	F40	52.34
148	<i>CROSIER.J</i>	357	BEDALE & AISKEW	F	52.37

149	<i>METCALFE.A</i>	378	NIDD VALLEY ROAD RUNNERS	F40	52.39
150	CLARKSON.S	48	SWALEDALE ROAD RUNNERS	M	52.50
151	LAWRENCE.R	128	UNATTACHED	M	52.54
152	<i>GAMBLES.J</i>	346	IDLE A.C.	F50	52.56
153	WEBSTER.F	29	BEDALE & AISKEW	M55	52.58
154	NAUGHTON.J	178	UNATTACHED	M40	53.01
155	PARKS.P	33	REDCAR	M60	53.02
156	RUDSDALE.S	58	HORSFORTH HARRIERS	M	53.11
157	TAYLOR.A	151	UNATTACHED	MU25L	53.16
158	ROBINSON.D	179	UNATTACHED	ML	53.19
159	<i>HAMILTON.K</i>	406	HARROGATE HARRIERS	F	53.22
160	IANSON.C	81	RIPON RUNNERS	M45	53.25
161	<i>PACEY.R</i>	377	UNATTACHED	F	53.31
162	<i>MEDLAR.M</i>	305	YORK KNAVESMIRE HARRIERS	F55	53.36
163	PEMBERTON.M	62	YORK KNAVESMIRE HARRIERS	M55	53.37
164	<i>HOLT.J</i>	307	RIPON RUNNERS	F40L	53.38
165	COOPER.M	65	UNATTACHED	M	53.39
166	PARK.K	162	HORSFORTH HARRIERS	M50	53.42
167	<i>I'ANSON.P</i>	387	RIPON RUNNERS	F40	53.45
168	<i>JERVIS.N</i>	437	DARLINGTON QUAKERS	F	53.50
169	MALTBY.C	202	ST THERESA'S A.C.	M55	53.54
170	<i>SUTTON-HAIG.N</i>	339	THIRSK & SOWERBY HARRIERS	F40	53.56
171	<i>CLEGG.H</i>	447	UNATTACHED	F40L	53.57
172	<i>KILGOUR.J</i>	374	CLAREMONT ROAD RUNNERS	F60	54.25
173	APPLETON.C	30	UNATTACHED	M50L	54.47
174	<i>BYRNES.S</i>	360	HARROGATE HARRIERS	F50	54.50
175	PITTAM.D	144	UNATTACHED	ML	54.52
176	ROSE.T	166	UNATTACHED	M55	54.54
177	<i>MCGEOCH.A</i>	445	CHAPEL ALLERTON R.R.	F	54.58
178	RICHARDSON.K	123	UNATTACHED	M55	55.10
179	HUNTER.J	50	SWALEDALE ROAD RUNNERS	M60	55.20
180	<i>GILL.P</i>	391	YORK KNAVESMIRE HARRIERS	F35	55.33
181	DAVIES.M	120	UNATTACHED	M	55.34
182	<i>CARLING.J</i>	433	NIDD VALLEY ROAD RUNNERS	F50	55.39
183	HORNE.D	40	RIPON RUNNERS	M45L	55.42
184	HEARNE.S	204	UNATTACHED	M45	55.48
185	<i>IMESON.A</i>	362	RIPON RUNNERS	FL	55.54
186	MOSS.G	20	YORK KNAVESMIRE HARRIERS	M40	56.02
187	<i>ATKINSON.N</i>	381	THIRSK & SOWERBY HARRIERS	F40	56.18
188	<i>GILLIAM.H</i>	306	RIPON RUNNERS	F40L	56.34
189	<i>DARLEY.J</i>	310	WETHERBY RUNNERS	F50	56.37
190	<i>MURRAY.L</i>	428	NIDD VALLEY ROAD RUNNERS	F	56.38
191	<i>HARMER.V</i>	329	UNATTACHED	F55	56.42
192	<i>CHALMERS.S</i>	405	NIDD VALLEY ROAD RUNNERS	F45	56.44
193	MCGEOCH.A	185	UNATTACHED	M	56.49
194	LEE.A	64	UNATTACHED	M55	56.57
195	<i>NORTON.A</i>	323	UNATTACHED	F35	57.00
196	<i>HARRISON.S</i>	361	UNATTACHED	F35L	57.01
197	<i>HIGGINS.A</i>	419	HOLMFIRTH HARRIERS	F45	57.04
198	CODLING.I	3	THIRSK & SOWERBY HARRIERS	M65L	57.10

199	KEHOER	9	RIPON RUNNERS	M55	57.12
200	PICKEN.M	12	ILKLEY HARRIERS	M	57.22
201	<i>SMITH.M</i>	337	NIDD VALLEY ROAD RUNNERS	F40	57.25
202	MCCONNELL.C	86	N.Y.M.A.C.	M45	57.30
203	PRINCE.G	131	DARLINGTON HARRIERS	M65	57.32
204	WRAY.A	187	UNATTACHED	ML	57.38
205	<i>HAW.K</i>	330	UNATTACHED	F50	57.41
206	<i>NAUGHTON.F</i>	434	UNATTACHED	F35	57.44
207	<i>SMITH.C</i>	435	UNATTACHED	F40	57.45
208	<i>OLIVER.K</i>	304	YORK KNAVESMIRE HARRIERS	F	57.52
209	<i>MOORES.C</i>	412	WETHERBY RUNNERS	F55	57.56
210	<i>MCGRANN.J</i>	452	UNATTACHED	F40L	58.06
211	WALTERS.E	54	UNATTACHED	M55	58.12
212	EASTAUGH.T	88	UNATTACHED	M45	58.16
213	<i>DUTKA.M</i>	395	RIPON RUNNERS	F45	58.28
214	<i>HOWELL.E</i>	427	THIRSK & SOWERBY HARRIERS	F50	58.34
215	GREEN.G	19	RIPON RUNNERS	M50L	58.38
216	<i>BROWN.M</i>	315	YORK KNAVESMIRE HARRIERS	F50	58.43
217	<i>WALMSLEY.C</i>	425	UNATTACHED	FL	58.50
218	<i>CLAYTON.V</i>	308	RIPON RUNNERS	F35L	58.52
219	<i>BEASLEY.V</i>	369	UNATTACHED	F	59.36
220	<i>ARCHER.C</i>	358	UNATTACHED	F35L	59.39
221	<i>HOLDEN.K</i>	345	UNATTACHED	F45	59.47
222	<i>MERRIN.J</i>	414	RIPON RUNNERS	F35L	59.52
223	<i>ROSS.A</i>	383	RIPON RUNNERS	F45L	59.55
224	HAYCOCK.G	201	UNATTACHED	M40	60.01
225	HANCOCK.R	177	KIRKSTALL HARRIERS	M45	60.08
226	<i>GREENWOOD.J</i>	319	NVRR	F50	60.11
227	<i>APPLETON.L</i>	454	UNATTACHED	FL	60.15
228	<i>DEAN.P</i>	407	RIPON RUNNERS	F40L	60.17
229	<i>OLIVER.M</i>	334	YORK KNAVESMIRE HARRIERS	F50	60.24
230	ROGERS.N	194	UNATTACHED	M	60.26
231	<i>POOLEY.D</i>	448	THIRSK & SOWERBY HARRIERS	F45	60.41
232	BAXTER.P	139	HARROGATE HARRIERS	M	61.03
233	<i>HUMPHREYS.A</i>	403	WOMEN'S RUNNING NETWORK	F35	61.07
234	<i>HUNTER.M</i>	335	SWALEDALE ROAD RUNNERS	F55	61.13
235	<i>NEWTON.S</i>	324	UNATTACHED	F45	61.31
236	PLACE.M	36	UNATTACHED	M45	61.32
237	SYKES.C	37	THIRSK & SOWERBY HARRIERS	M60L	61.53
238	EASBY.R	138	THIRSK & SOWERBY HARRIERS	M55L	61.53
239	<i>RAMSDEN.D</i>	336	ROTHWELL HARRIERS	F40	62.03
240	<i>SLAYTOR.C</i>	349	UNATTACHED	F45	62.11
241	<i>BUSH.J</i>	350	RIPON RUNNERS	F45L	62.11
242	DANDY.C	136	UNATTACHED	M	62.26
243	<i>CONLIN.H</i>	301	RIPON RUNNERS	F40L	62.28
244	<i>KREMER.M</i>	397	WETHERBY RUNNERS	F45	62.36
245	<i>CLAYTON.L</i>	384	UNATTACHED	F50	63.23
246	<i>ELLIOTT.G</i>	355	UNATTACHED	F45	63.35
247	<i>HARRIS.K</i>	341	UNATTACHED	F	63.40
248	<i>RICHARDSON.J</i>	442	SWALEDALE ROAD RUNNERS	F45	63.54

249	KEENAN.J	327	WETHERBY RUNNERS	F40	64.18
250	ROOKES.J	303	YORK KNAVESMIRE HARRIERS	F	64.48
251	ROBINS.B	375	BRIDLINGTON ROAD RUNNERS	F60	65.02
252	HUBERY.A	326	DARLINGTON HARRIERS	F60	66.11
253	MOSS.L	314	YORK KNAVESMIRE HARRIERS	F45	66.37
254	DALE.P	126	UNATTACHED	M55L	66.54
255	SNOW.E	380	HARROGATE HARRIERS	F55	67.07
256	KON.C	446	UNATTACHED	F40	67.15
257	ADAM.S	352	YORK KNAVESMIRE HARRIERS	F55	67.25
258	RAE.S	444	THIRSK & SOWERBY HARRIERS	F50L	67.30
259	HAWKINS.M	443	UNATTACHED	F35L	67.31
260	GRAYLEY.C	440	UNATTACHED	F35	67.49
261	GRAYLEY.A	182	UNATTACHED	M40	67.50
262	KING.P	450	IDLE A.C.	F35	68.01
263	ADAMS.P	63	YORK KNAVESMIRE HARRIERS	M60	68.32
264	LUMB.C	382	THIRSK & SOWERBY HARRIERS	F50	68.53
265	PETTIFAR.C	413	WETHERBY RUNNERS	F60	69.23
266	HUNTER.A	99	UNATTACHED	M60	69.44
267	FLIGG.J	317	YORK KNAVESMIRE HARRIERS	F35	69.54
268	HARRISON.C	322	HARROGATE HARRIERS	F60	70.31
269	WILLIAMS.D	432	RIPON RUNNERS	F55	70.51
270	CARR.D	320	UNATTACHED	F60	73.36
271	CODLING.M	302	THIRSK & SOWERBY HARRIERS	F60L	73.45
272	DANDY.C	399	UNATTACHED	F35	75.32
273	ROUTLEDGE.G	141	HEATON HARRIERS	M60	78.32
274	TENNANT.S	389	UNATTACHED	FL	86.46
275	SNOWDON.D	115	UNATTACHED	M45L	86.47
276	GARBUTT.P	404	RIPON RUNNERS	F50L	88.50
277	GARBUTT.J	142	UNATTACHED	M50L	88.51
278	NUTTER.G	370	SWALEDALE ROAD RUNNERS	F60	93.21
279	MUNSON.W	143	RIPON RUNNERS	M65	95.54