

30.05.10 Melmerby 10k Results Licence No 2010-0196**3rd Event in the Black Sheep Series 2010**

Number	Pos	Time	First Name	Surname	Club	Cat
102	1	32.01	Darran	Bilton	Leeds City	M1
42	2	33.33	Fergus	Meade	Leeds City	M
64	3	33.49	Alasdair	Tatham	North Yorks Moors	M
5	4	34.03	Andrew	Halliday	Thirsk&Sowerby	M
157	5	34.23	Richard	Watson	Ripon Runners	M1
2	6	34.29	Phillip	Elliott-Dick	York Knavesmire	M
3	7	35.21	Michael	Appleton	Ripon Runners	M
26	8	35.50	Scott	Macvicar	Wetherby	M
48	9	36.16	William	Horsley	Elvet Striders	M
20	10	36.22	Andrew	Dobby	Harrogate Harriers	M
149	11	36.29	Cameron	Choules	Thirsk&Sowerby	M1
1	12	36.49	Lee	Dalton	U/A	M
156	13	36.51	Steve	Large	Horsforth Harriers	M1
10	14	36.59	David	Masterman	Durham City	M
124	15	37.03	David	Christie	U/A	M1
238	16	37.09	Trevor	Clough	Leeds City	M2
17	17	37.21	Kim	Brown	U/A	M
52	18	37.37	Anthony	Jefford	U/A	M
133	19	37.44	Paul	Emmett	Wetherby	M1
232	20	37.51	Stephan	Tomaszewski	Thirsk&Sowerby	M2
41	21	37.52	Paul	Thomson	U/A	M
246	22	37.54	Shaun	Jordanj	Bingley Harriers	M2
58	23	38.06	Andrew	Harding	Beverley A C	M
118	24	38.15	Chris	Richardson	York Knavesmire	M1
132	25	38.18	Steve	Trudgeon	Harrogate Harriers	M1
146	26	38.23	Richard	Maw	Scarborough	M1
103	27	38.38	Neil	McNish	Bedale &Aiskew	M1
38	28	38.46	Carl	Hunt	U/A	M
111	29	38.48	Mick	Brearley	St.Bedes	M1
226	30	38.55	John	Oliver	York Knavesmire	M2
143	31	39.35	Richard	Twomey	U/A	M1
114	32	39.44	Martin	Randall	Swaledale R R	M1
4	33	39.45	Joseph	Lofthouse	Ripon Runners	M
296	34	39.52	Harry	Matthews	Elswick Harriers	M3
105	35	39.58	Steve	Oates	Ripon Runners	M1
104	36	39.59	Andy	Todd	Nidd Valley R R	M1
128	37	40.04	Martin	Shaw	Harrogate Harriers	M1
24	38	40.06	Dean	Stockwell	U/A	M
63	39	40.14	Johnathan	Proctor	U/A	M
35	40	40.18	Adam	Johnstone	Ripon Runners	M
8	41	40.29	Martin	Smith	York Knavesmire	M
16	42	40.29	Christopher	Nattrass	U/A	M
275	43	40.30	Keith	Pailing	Rothwell H	M3
212	44	40.34	Michael	Jeffrey	Otley AC	M2
221	45	40.37	Tim	Broomfield	Harrogate Harriers	M2
27	46	40.41	Nick	Barnes	Valley Striders	M
32	47	40.43	Iain	Milner	Thirsk&Sowerby	M

29	48	40.49	Stephen	Morland	Vocaling R C	M
225	49	40.52	Mark	Jordan	Harrogate Harriers	M2
234	50	40.52	Paul	Kelly	Darlington H.	M2
12	51	40.56	Paul	Dowie	Harrogate Harriers	M
121	52	41.07	Brett	Edgeworth	Thirsk&Sowerby	M1
160	53	41.10	Mark	Dawson	Beverley A C	M1
123	54	41.11	Jon	Blane	Harrogate Harriers	M1
31	55	41.17	Mark	Holt	U/A	M
235	56	41.18	Gerard	Byrnes	Harrogate Harriers	M2
239	57	41.23	Roy	Hunter	Harrogate Harriers	M2
131	58	41.24	Garry	Keenan	Wetherby	M1
371	59	41.29	Erika	Johnson	Swaledale R R	F1
130	60	41.40	Keith	Hawkins	Ripon Runners	M1
152	61	41.44	Simon	Barlow	Swaledale R R	M1
227	62	41.48	Steve	Smith	Harrogate Harriers	M2
229	63	41.48	Paul	Munson	Ripon Runners	M2
153	64	41.50	Paul	Atkinson	Thirsk&Sowerby	M1
219	65	41.58	James	Cook	U/A	M2
150	66	41.59	Chris	Martin	Wetherby	M1
108	67	42.00	Simon	Smith	Nidd Valley R R	M1
40	68	42.05	Maz	Khoveiry	Holmfirth Harriers	M
237	69	42.08	Richard	Annable	Skipton	M2
217	70	42.14	Tony	Maynall	U/A	M2
139	71	42.18	Frank	Glass	Skyrac A C	M1
293	72	42.27	Peter	Rawnsley	Skyrac	M3
43	73	42.37	Corey	Arnott	Beverley A C	M
448	74	42.45	Sarah	Nettleton	York Knavesmire	F2
163	75	42.58	Conrad	Garcia	U/A	M1
23	76	43.10	Steven	Close	Wetherby	M
109	77	43.14	Colin	Lea	York Knavesmire	M1
154	78	43.16	Simon	Render	U/A	M1
233	79	43.18	Ray	Johnstone	Ripon Runners	M2
110	80	43.25	Les	Sutton-Haigh	Thirsk&Sowerby	M1
294	81	43.27	Tony	Essex	Harrogate Harriers	M3
432	82	43.40	Lorraine	Hiles	Thirsk&Sowerby	F2
215	83	43.46	Martin	Pearson	U/A	M2
107	84	43.47	Alaistair	Macleod	York Knavesmire	M1
210	85	43.52	David	Darton	York Knavesmire	M2
430	86	43.53	Tonia	Richardson	Totley A C	F2
117	87	43.54	Graham	Wells	U/A	M1
37	88	43.56	Simon	Rudsdale	Horsforth Harriers	M
281	89	44.05	Chris	Brown	Ripon Runners	M3
33	90	44.46	David	Abbot	U/A	M
385	91	44.47	Susan	Robinson	U/A	F1
54	92	44.52	Dominic	Brown	U/A	M
230	93	44.52	Tim	Pocockl	Harrogate Harriers	M2
112	94	44.55	Dave	Cooper	Ripon Runners	M1
144	95	44.58	Andrew	Tuley	U/A	M1
223	96	45.01	Mark	Seymour	Harrogate Harriers	M2
362	97	45.01	Louise	Howard	U/A	F1

14	98	45.09	James	Appleton	U/A	M
203	99	45.11	Howard	Jeffrey	Otley AC	M2
205	100	45.13	John	Middleton	York Knavesmire	M2
228	101	45.13	Douglas	Scott	New Marske Harriers	M2
400	102	45.13	Semirah	Beeson	U/A	F1
395	103	45.14	Angela	Arnell	York Knavesmire	F1
214	104	45.30	Ian	Smith	Wetherby	M2
367	105	45.31	Sue	Sharples	Wetherby	F1
15	106	45.45	Matthew	Holt	Ripon Runners	M
295	107	45.45	Ronnie	Cassar	Swaledale R R	M3
9	108	45.53	Martin	Umpleby	Harrogate Harriers	M
56	109	46.03	Richard	Green	U/A	M
208	110	46.03	Peter	Devlin	Swaledale R R	M2
13	111	46.04	Gary	Young	Swaledale R R	M
319	112	46.04	Victoria	Shuttleworth	U/A	F
135	113	46.07	David	Burke	U/A	M1
218	114	46.10	Steven	Little	Idle A C	M2
136	115	46.13	David	Nicklas	Ripon Runners	M1
277	116	46.18	Bill	Wade	Holmfirth Harriers	M3
50	117	46.24	Jordan	Maguire	U/A	M
101	118	46.31	Martin	Brockett	U/A	M1
22	119	46.32	Jim	Coldwell	U/A	M
62	120	46.37	Ashley	Arnott	Beverley A C	M
164	121	46.43	Tim	Smith	U/A	M1
148	122	46.49	Mick	Waud	U/A	M1
391	123	46.51	Julia	Quinonez	Durham City	F1
352	124	46.52	Emma	Oates	Ripon Runners	F1
457	125	46.52	Kim	Matthews	Elswick Harriers	F2
249	126	46.53	Nigel	Bower	Ripon Runners	M2
377	127	46.54	Anne	Scaife	Harrogate Harriers	F1
138	128	46.59	Matt	Newsome	Ripon Runners	M1
321	129	47.00	Amy	Cassar	Swaledale R R	F
25	130	47.02	Garry	de Castro Morlan	U/A	M
60	131	47.02	Jamie	Taylor	U/A	M
280	132	47.04	Martin	Hurst	Harrogate Harriers	M3
55	133	47.05	David	Wade	U/A	M
393	134	47.07	Joanne	Wheatley	New Marske H	F1
401	135	47.10	Ann	Francis	Pudsey Pacers	F1
147	136	47.11	Andrew	Grayley	U/A	M1
11	137	47.17	Phillip	Woodhouse	U/A	M
125	138	47.20	W.E.	I'Anson	U/A	M1`
120	139	47.22	Martyn	Price	Harrogate Harriers	M1
247	140	47.24	Neil	Sergeant	Beverley A C	M2
368	141	47.28	Alexandra	Whapples	Vocalink R.C.	F1
53	142	47.42	Steven	Stapylton	U/A	M
162	143	47.43	Richard	Lockey	U/A	M1
209	144	47.47	Roy	Smith	<u>U/A</u>	M2
378	145	47.52	Suzanne	Rickard	Ripon Runners	F1
402	146	47.56	Kate	Barber	U/A	F1
127	147	48.04	Jonathan	Naughton	U/A	M1

165	148	48.08	Greg	Smallwood	U/A	M1
18	149	48.14	Matt	Cooper	U/A	M
201	150	48.15	Martin	Medlar	York Knavesmire	M2
141	151	48.17	Paul	Keogh	U/A	M1
45	152	48.18	Justin	Balfour	Horsforth Harriers	M
289	153	48.32	Christopher	Bennett	Ripon Runners	M3
6	154	48.38	Stuart	Clarkson	Swaledale R R	M
222	155	48.38	Frank	Webster	Bedale & Aiskew	M2
116	156	48.41	Steve	Parkinson	Ripon Runners	M1
429	157	48.49	Joanne	Wallace	Ripon Runners	F2
61	158	48.53	Edward	Greenwood	Ripon Runners	M
155	159	49.14	Stuart	Render	U/A	M1
313	160	49.14	Emma	Wainwright	Wetherby	F
206	161	49.21	John	Young	Newton Aycliffe	M2
424	162	49.23	Jean	Croft	Harrogate Harriers	F2
308	163	49.34	Emma	Gradwell	York Knavesmire	F
278	164	49.36	Alan	Hamer	U/A	M3
44	165	49.38	Andrew	Malton	U/A	M
115	166	49.45	Christopher	I'Anson	Ripon Runners	M1
366	167	49.46	Helen	Price	Harrogate Harriers	F1
119	168	49.51	David	Horne	North Yorks.Police	M1
310	169	50.07	Bethany	Bloor	Skyrac A C	F
34	170	50.10	Christopher	I'Anson	U/A	M
436	171	50.10	Judith	Seaton	Thirsk&Sowerby	F2
449	172	50.14	Stephanie	Byrnes	Harrogate Harriers	F2
303	173	50.26	Anneke	Imeson	Ripon Runners	F
396	174	50.32	Tracy	Stapylton	U/A	F1
382	175	50.35	Penny	I'Anson	Ripon Runners	F1
7	176	50.38	Michael J.	Picken	Ilkley A C	M
241	177	50.43	Michael	Pemberton	York Knavesmire	M2
244	178	50.46	Paul	Walton	Thirsk&Sowerby	M2
438	179	50.46	Jo	Fambely	Thirsk&Sowerby	F2
282	180	51.04	John	Grundy	Ripon Runners	M3
360	181	51.08	Kim	Vehige	U/A	F!
399	182	51.08	Heather	Glegg	U/A	F1
439	183	51.09	Gill	Turcan	Harrogate Harriers	F2
445	184	51.09	Janet	Carling	Nidd Valley R R	F2
354	185	51.09	Wendy	Smith	U/A	F2
364	185	51.13	Nik	Sutton-Haigh	Thirsk&Sowerby	F1
307	186	51.16	Jenny	Crosier	Bedale & Aiskew	F
381	187	51.24	Nikki	Atkinson	Thirsk&Sowerby	F1
309	188	51.37	Ruth	Pacey	U/A	F
361	189	51.37	Jill	Holt`	Ripon Runners	F1
379	190	51.41	Amanda	Metcalfe	Nidd Valley R R	F1
365	191	51.45	Emma	Bennett	Harrogate Harriers	F1
236	192	51.54	Keith	Park	Horsforth Harriers	M2
207	193	51.57	Chris	Appleton	U/A	M2
242	194	51.58	Christopher	Maltby	St.Therasas	M2
373	195	52.03	Charlotte	Smith	U/A	F1
231	196	52.05	Anthony	Lee	U/A	M2

357	197	52.07	Leah	Horner	York Knavesmire	F1
145	198	52.14	Jonathan	Morrish	U/A	M1
421	199	52.14	Jacky	Darley	Wetherby	F2
302	200	52.30	Jessica	Brown	Swaledale R R	F
392	201	52.43	Lesley	Willoughby	Ripon Runners	F1
65	202	52.47	Paul	Baxter	Harrogate Harriers	M
306	203	52.48	Katie	Oliver	York Knavesmire	F
372	204	52.49	Frances	Naughton	U/A	F1
315	205	53.10	Caroline	Carmichael	U/A	F
434	206	53.22	Judy	Greenwood	Nidd Valley R R	F2
374	207	53.27	Marina	Heum	Wetherby	F1
452	208	53.27	Susan	Hoernig	Road Runners	F2
384	209	53.30	Lucy	Smith	U/A	F1
425	210	53.35	Margaret	Brown	York Knavesmire	F2
447	211	53.37	Amanda	Ross	Ripon Runners	F2
483	212	53.44	Cathy	Moores	Wetherby	F3
304	213	53.52	Clare	Walmsley	U/A	F
426	214	53.58	Bernie	Wood	Easingwold	F2
106	215	54.04	Garry	Moss	York Knavesmire	M1
475	216	54.07	Virginia	Hamer	U/A	F3
358	217	54.10	Michelle	Smith	Nidd Valley R R	F1
380	218	54.15	Michelle	Cheung	2811683	F1
386	219	54.17	Fiona	Knapton	WRAC	F1
19	220	54.26	Kevin	Hodgson	U/A	M
451	221	54.35	Eileen	Howell	Thirsk&Sowerby	F2
437	222	54.59	Margaret	Oliver	York Knavesmire	F2
376	223	55.08	Pam	Dean	Ripon Runners	F1
441	224	55.13	Alison	Bloor	Skyrac A C	F2
274	225	55.14	Ian	Codling	Thirsk&Sowerby	M3
440	226	55.15	Wendy	Holden	Thirsk&Sowerby	F2
49	227	55.35	Matt	Adams	U/A	M
122	228	55.38	Graham	Haycock	U/A	M1
169	229	55.59	Kevin	Hanlon	U/A	M1
39	230	56.16	Lenny	Bowes	U/A	M
442	231	56.33	Renna	Benson	U/A	F2
359	232	56.47	Victoria	Clayton	Ripon Runners	F1
375	233	56.50	Jo	Keenan	Wetherby	F1
453	234	56.51	Deborah	Pooley	Thirsk&Sowerby	F2
312	235	56.55	Helen	Page	U/A	F
390	236	57.01	Elizabeth	Martin	Wetherby	F1
287	237	57.07	Peter	Scanlon	Spensborough A C	M3
473	238	57.34	Marian	Hunter	Swaledale R R	F3
427	239	57.47	Kathleen	Basford	U/A	F2
158	240	58.00	Steven	Withy	U/A	M1
161	241	58.27	Robert	Geddes	U/A	M1
142	242	58.30	David	Sowray	U/A	M1
286	243	58.30	Malcolm	Fawcett	York Knavesmire	M3
353	244	58.32	Helena	Conlin	Ripon Runners	F1
456	245	58.50	Moir	Kremer	Wetherby	F2
398	246	59.00	Sandra	Dawson	U/A	F1

443	247	59.10	Catherine	Lumb	Thirsk&Sowerby	F2
126	248	59.14	Mike	Barber	U/A	M1
355	249	59.32	Julie	Rookes	York Knavesmire	F1
478	250	60.09	Julia	Spittle	Swaledale R R	F3
57	251	60.46	John	Andrews	U/A	M
477	252	60.51	Carol	Pettifer	Wetherby	F3
450	253	60.26	Jane	Twomey	U/A	F2
276	254	60.27	Cliff	Simm	Easingwold	M3
389	255	62.20	Camilla	Grayley	U/A	F1
454	256	62.56	Sarah	Ellis	Easingwold	F2
356	257	63.29	Jayne	Fligg	York Knavesmire	F1
318	258	63.31	Helen	Blaymires	U/A	F
316	259	63.35	Linda	Thompson	U/A	F
422	260	63.36	Sue	Igoe	York Knavesmire	F2
301	261	63.58	Jane	Thompson	York Knavesmire	F
472	262	64.06	Susan	Adams	York Knavesmire	F3
283	263	64.14	Allan	Hunter	U/A	M3
479	264	64.46	Coralin	Harrison	Harrogate Harriers	F3
151	265	65.38	David	Snowdon	U/A	M1
444	266	65.38	Sue	Wix	U/A	F2
314	267	65.53	Sarah	Tennant	U/A	F
388	268	66.10	Maureen	Neesom	U/A	F1
291	269	66.40	Barry	Robson	Road Runners	M3
435	270	66.50	Karen	Hanton	Ripon Runners	F2
480	271	67.17	Dot	Carr	U/A	F3
285	272	68.12	Douglas	Tooth	Ripon Runners	M3
140	273	68.22	Phil	Pluck	U/A	M1
474	274	69.44	Marian	Codling	Thirsk&Sowerby	F3
476	275	73.56	Jean	Snelling	York Knavesmire	F3
46	276	74.16	Gareth	Smith	U/A	M
431	277	77.41	Trish	Garbutt	Ripon Runners	F2
433	278	77.41	Talei	Barber	U/A	F2
220	279	82.42	John	Garbutt	U/A	M2
481	280	82.59	Glenys	Nutter	Swaledale R R	F3

Non-starters and non-finishers

21			Paul	Stalker	Nidd Valley R R	M
28			Graeme	McGowan	U/A	M
30			Nick	Rogers	U/A	M
36			Stephen	Chaplin	U/A	M
47			Robert	Lawrence	U/A	M
51			Paul	Hathaway	U/A	M
59			Andy	Laycock	U/A	M
113			Andrew	Moodie	Wetherby	M1
129			Mark	Whiteman	Easingwold	M1
134			Neil	Bloor	Skyrac A C	M1
137			Michael	Hannan	U/A	M1
159			Allan	Hansen	Ripon Runners	M1
166			Paul	Phillips	Bedale &Aiskew	M1
167			David	Parkinson	Loftus & Whitby	M1
202			Paul	Render	Harrogate Harriers	M2

204	Robin	Kehoe	Ripon Runners	M2
211	Richard	Thompson	Aire Centre Pacers	M2
213	Morris	Gregory	York Knavesmire	M2
216	Keith	Richardson	U/A	M2
224	Graham	Bell	Darlington H.	M2
240	Ray	Scott	Gateshead H	M2
243	Graham	Green	Ripon Runners	M2
245	Edward	Walters	U/A	M2
248	Michael	Wrightson	U/A	M2
272				
271	Paul	Bainbridge	Bedale & Aiskew	M3
272	Paul	Adams	York Knavesmire	M3
273	John	Hunter	Swaledale R R	M3
279	David	Weston	Darlington H.	M3
284	Brian	Allen	New Marske H	M3
288	Richard	Malton	U/A	M3
290	John	Goodson	U/A	M3
292	William	Munson	Ripon Runners	M3
305	Nicola	Matthews	Swaledale R R	F
311	Lucy	Ferguson	Bristol	F
317	Nicola	Lawrence	York Knavesmire	F
320	Samantha	Marshall	U/A	F
351	Bernadette	Mossman	U/A	F1
363	Nicola	Carter	U/A	F1
369	Michelle	Atkins	York Knavesmire	F1
370	Morack	White	U/A	F1
383	Jackie	Glass	Aire Centre Pacers	F1
387	Kay	Rhodes	Wetherby	F1
394	Alison	Calvert	Thirsk&Sowerby	F1
397	Helen	Leach	York Knavesmire	F1
403	Joanne	Scurrah	U/A	F1
423	Linda	Moss	York Knavesmire	F2
428	Lynn	Dorward-Benn	U/A	F2
446	Rosalyn	Day	Wetherby	F2
455	Sue	Higgison	U/A	F2
471	Maureen	Medlar	York Knavesmire	F3
482	Gillian	Gill	York Knavesmire	F3

Mens Team Award

Leeds City

2

Darran Bilton

42

Fergus Meade

238

Trevor Clough

Ladies Team award

Ripon Runners

1st Local Runner:

63

Jonathan Proctor