

RACE SERIES MENS AGE GROUP 2010

NAME	CLUB	Fountains		Ripon		Melmerby		K. Malzeard		Rainton		Burn Valley		B. Leonard		Total Points	Wetherby		
		10k		10 mile		10k		10k		10k		1/2m		10k			10k		
		Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts		Time	Pts	
MALES																			
MEADE Fergus	Leeds City A.C.	34.50	100			33.33	100			35.04	100	80.14	100			400			
ELLIOTT-DICK Phil	York Knavesmire	35.23	90	58.00	100	34.29	90	35.34	100			80.46	90			380			
DALTON Lee	U/A	37.40	75	61.38	82	36.49	75	36.47	82	36.31	90			37.18	100	354			
MACVICAR Scott	Wetherby Runners	37.15	82	61.36	90	35.50	82	36.45	90	37.38	82			39.35	90	352			
YOUNG John	Harrogate Harriers	39.37	69	64.16	75			40.21	75	38.47	75					294			
NATTRESS Christopher	U/A	42.53	58	70.53	58	40.29	63	42.24	63	43.10	69	97.31	82	43.29	75	289			
JOHNSTONE Adam	Ripon Runners	44.01	53			40.18	69	41.11	69			109.02	63	42.54	82	283			
BARNES Nick	Valley Striders			69.58	63	40.41	58	42.54	58	43.31	63	103.02	75			254			
STURGEON Daniel	York Knavesmire	46.00	49	77.11	45			46.28	53	48.46	53	105.13	69	44.49	69	244			
APPLETON James	U/A	53.52	37	77.00	49	45.09	45			46.11	58			47.48	63	215			
CLARKSON Stuart	Swaledale R.R.	50.23	41	81.40	41	48.38	41	50.27	49	52.50	49	115.11	58	51.03	53	209			
ABBOT David	U/A	46.03	45	75.23	53	44.46	49							48.47	58	205			
PICKEN Michael	Ilkley Harriers	57.43	34	91.04	37	50.38	37			57.22	45	137.37	53	58.26	49	184			
BOWES Lenny	U/A	62.07	31	108.19	34	56.16	34	59.26	45					61.17	45	158			
MALES O/35																			
HALLIDAY Andrew	Thirsk & Sowerby	35.48	100	57.51	100	34.03	100			34.56	100			36.09	100	400			
LAMBERT Tony	Swaledale R.R.	36.23	90	59.20	90			36.36	100			82.24	100	37.48	90	380			
MASTERMAN David	Durham City Harriers	39.29	82	64.04	75	36.59	82	38.36	90	37.44	90	89.13	82			344			
STALKER Paul	Nidd Valley R.R.	42.10	75	65.54	69			40.07	82	40.46	75	92.29	75	41.17	82	314			
SMITH Martin	York Knavesmire	45.53	53	71.14	58	40.29	75	42.14	75	42.33	63	97.17	69	43.43	75	294			
DOWIE Paul	Harrogate Harriers	42.15	69			40.56	69	42.15	69	41.51	69	99.05	63	43.47	69	270			
CLOSE Steven	Wetherby Runners	43.50	58	72.52	53	43.10	63			43.08	58					232			
COOPER Matt	U/A	53.20	49	88.29	49	48.14	58			53.39	53			55.01	63	223			
MALES O/40																			
DUNN Gary	Thirsk & Sowerby			54.26	100			34.24	100	33.36	100	78.56	100	34.08	100	400			
WATSON Richard	Ripon Runners	36.11	90	58.52	90	34.23	100	35.21	90					36.36	90	370			
CHOULES Cameron	Thirsk & Sowerby			63.47	82	36.29	90	37.34	82	38.09	90					344			
RANDALL Martin	Swaledale R.R.	42.13	69	68.48	69	39.44	75	40.44	75	41.46	75	95.44	90	43.06	75	322			
MAW Richard	Scarborough A.C.	39.54	82	66.10	75	38.23	82			39.45	82			40.59	82	321			
EDGEWORTH Brett	Thirsk & Sowerby	42.05	75	71.26	63	41.07	69			43.04	69					276			
SMITH Simon	Nidd Valley R.R.	45.17	53	76.04	45	42.00	58			44.32	63	103.50	82	46.40	63	266			
LEA Colin	York Knavesmire	45.21	49	75.29	49	43.14	53	45.06	69	44.36	58	104.16	75	47.11	58	260			
ADDISON Graeme	Sedgefield Harriers	42.57	63	71.54	58					46.09	53			46.01	69	243			
MOSS Garry	York Knavesmire	60.53	31	92.09	28	54.04	37	59.34	45	56.02	41	151.20	69	55.34	49	204			
LOCKEY Richard	U/A	48.08	41	78.53	37	47.43	41	50.32	49	49.26	49					176			
I'ANSON Will	NYP Tri Club	50.10	34	81.48	31	47.20	45	50.14	53	49.28	45					174			
GRAYLEY Andrew	U/A	49.12	37	80.55	34	47.11	49			67.50	37			49.52	53	173			
MALES O/45																			

EMMETT Paul	Wetherby Runners	38.57	90	64.10	90	37.44	100	38.43	100	38.28	100					390		
BREARLEY Mick	St Bedes A.C.	42.59	63	66.06	82	38.48	82	39.17	90			90.11	100	40.34	100	372		
RICHARDSON Chris	York Knavesmire	39.16	82			38.15	90			39.37	90	93.12	82	40.41	90	352		
DEACON Mike	Nidd Valley R.R.	45.42	58	68.42	69			40.05	82	39.49	82	90.12	90			312		
TODD Andy	Nidd Valley R.R.			67.59	75	39.59	69	40.28	75	40.26	75	94.10	75	41.19	82	307		
BLANE Jon	Harrogate Harriers	42.26	69	70.21	63	41.11	63	42.20	69	42.42	69	98.25	69			276		
KELLY Maurice	Nidd Valley R.R.							44.15	63	44.38	63	99.31	63	44.36	75	264		
MACLEOD Alaistair	York Knavesmire	46.39	53	76.51	49	43.47	53	45.41	49	44.48	58	105.29	58	46.20	69	238		
SUTTON-HAIGH Les	Thirsk & Sowerby			76.26	58	43.25	58	44.39	53	45.21	53	127.57	49	47.16	63	232		
NEWSOME Matt	Ripon Runners			76.44	53	46.59	49			49.24	49	109.15	53	50.39	58	209		
I'ANSON Chris	Ripon Runners	51.34	49	90.20	45	49.45	45	53.40	41	53.25	45					184		
HORNE David	NYA A.C.	52.48	45	86.04	49	49.51	41	51.37	45	55.42	41					180		
MALES O/50																		
TOMASZEWSKI Stephan	Thirsk & Sowerby	38.46	100	63.26	100	37.51	100	39.34	100	39.21	100					400		
MAYHALL Tony	U/A			70.11	75	42.14	82			42.01	90	100.14	90	43.55	100	362		
BROOMFIELD Tim	Harrogate Harriers	42.05	90	69.51	82	40.37	90	43.16	90					44.05	90	352		
HUNTER Les	U/A	44.48	75	73.22	69					42.54	82	98.00	100	44.31	82	339		
DARTON David	York Knavesmire	43.31	82	74.41	63	43.52	69	43.36	82	44.27	75	103.48	82	53.17	49	321		
JOHNSTONE Ray	Ripon Runners	47.07	63	76.20	58	43.18	75	44.57	75	45.08	69	106.17	75	47.22	69	294		
POCOCK Tim	Harrogate Harriers	46.53	69	78.35	53	44.52	63	47.04	69	46.07	63	113.53	58	47.09	75	271		
SMITH Ian	Wetherby Runners	48.25	58	78.57	49	45.30	53	47.47	63	50.39	45	109.29	69	48.44	58	248		
MIDDLETON John	York Knavesmire	50.31	45	81.22	41	45.13	58			47.41	58	110.42	63	48.33	63	242		
LITTLE Steven	Idle A.C.	50.11	49	81.08	45	46.10	45	49.42	53	48.52	53	115.15	53			208		
DEVLIN Peter	Swaledale R.R.	48.34	53	82.39	37	46.03	49	49.07	58	49.30	49					197		
APPLETON Chris	U/A	53.56	41	88.33	31	51.57	37	56.22	45	54.47	37	131.25	49	56.35	45	180		
MEDLAR Martin	York Knavesmire			85.27	34	48.15	41	50.19	49	51.40	41			53.02	53	177		
MALES O/55																		
OLIVER John	York Knavesmire	40.19	100	66.41	100	38.55	100	40.13	100	40.37	100	93.26	100	41.21	100	400		
JEFFREY Mick	Otley A.C.	42.09	82	68.24	90	40.34	90	41.59	82	41.20	90	96.07	90			352		
JORDAN Mark	Harrogate Harriers	42.14	75	71.41	75	40.52	82	42.16	75	42.17	82	103.15	82	43.31	90	336		
MACE John	Leeds City A.C.	44.36	69					44.39	69	44.59	75	115.45	75			288		
WEBSTER Frank	Bedale & Aiskew			86.19	69	48.38	69	50.56	58	52.58	69	125.14	63	56.14	75	282		
PEMBERTON Mick	York Knavesmire					50.43	63	52.01	53	53.37	63	124.42	69	55.32	82	277		
RICHARDSON Keith	U/A	52.45	53	86.35	63			54.54	49	55.10	58	127.30	58	57.49	69	243		
LEE Anthony	U/A	55.50	49	91.56	58	52.05	58	56.44	45	56.57	53	133.26	49			218		
MALES O/60																		
PAILING Keith	Rothwell Harriers	45.08	100	70.09	100	40.30	100	42.29	100	44.24	100	99.27	100			400		
ESSEX Tony	Harrogate Harriers	46.42	82	75.05	90	43.27	90			45.41	90	102.43	90	46.56	90	360		
WARD John	Ripon Runners	46.26	90							46.47	82	107.58	82	46.53	100	354		
HUNTER John	Swaledale R.R.	54.10	75	88.56	82			53.45	90	55.20	75			58.34	82	329		
ADAMS Paul	York Knavesmire			114.08	75			66.51	82	68.32	69			71.23	75	301		
MALES O/65																		
CASSAR Ronnie	Swaledale R.R.	48.14	100	78.12	90	45.45	100	47.33	100	48.02	90	112.23	100	50.36	90	400		

WADE Bill	Holmfirth Harriers			77.18	100	46.18	90	47.36	90	47.03	100			48.30	100	390		
GRUNDY John	Ripon Runners			89.36	82	51.04	82	54.52	82			121.51	90	55.26	82	336		
ADAMS Graeme	York Knavesmire	57.06	90					58.48	69			132.10	82	57.41	75	316		
CODLING Ian	Thirsk & Sowerby	58.42	82	97.25	75	55.14	75	58.47	75	57.10	82	135.50	75	59.09	69	314		