

RACE SERIES LADIES AGE RESULTS 2010

NAME	CLUB	Fountains		Ripon		Melmerby		K. Malzeard		Rainton		Burn Valley		B. Leonard		Total Points	Wetherby	
		10k		10 mile		10k		10k		10k		1/2 m		10k			10k	
		Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts	Time	Pts		Time	Pts
FEMALES																		
CASSAR Amy Rose	Swaledale R.R.	48.19	100	79.44	90	47.00	100	48.57	100	47.44	100	109.57	100	50.13	100	400		
CROSIER Jenny	Bedale & Aiskew	50.58	90	88.14	75	51.16	69	51.38	82	52.37	82	118.22	90	52.45	90	352		
GRADWELL Emma	York Knavesmire			88.07	82	49.34	82	51.11	90	50.03	90	127.50	69	53.14	82	344		
BENNETT Emma	Harrogate Harriers	52.49	82			51.45	63	52.32	75			118.54	82			302		
IMESON Anneke	Ripon Runners	54.05	75			50.26	75	54.02	69	55.54	75	122.30	75			300		
OLIVER Katie	York Knavesmire	56.16	69	96.05	63	52.48	58	58.16	58	57.52	69	134.32	63	59.24	69	270		
WALMSLEY Clare	U/A	59.59	58	96.13	58	53.52	53	57.03	63	58.50	63			55.18	75	259		
THOMPSON Jane	York Knavesmire	64.47	53	112.32	53	63.58	49	67.08	53							208		
FEMALES O/35																		
ROBINSON Susan	U/A	46.55	100	77.48	90	44.47	100	47.13	82	46.28	100	106.51	100	47.06	100	400		
ARNELL Angela	York Knavesmire	48.13	82	77.38	100	45.14	90	46.38	90							362		
CARTER Nicola	U/A	47.22	90	78.55	82			48.26	75					49.05	90	337		
KNIGHT Jill	Thirsk & Sowerby	49.26	75	83.55	75			50.25	69	50.12	90	114.28	90			324		
CLAYTON Victoria	Ripon Runners	59.04	53	96.09	58	56.47	75	61.36	58	58.52	75	138.49	82	62.12	82	314		
KNAPTON Fiona	Wetherby Runners	58.36	58	97.24	53	54.17	82	57.24	63							256		
ROOKES Julie	York Knavesmire			110.17	45	59.32	69	63.51	53	64.48	63			67.21	63	240		
HUMPHREYS Angela	Womens Running Net.	61.23	45	99.48	49					61.07	69			64.02	75	238		
GRAYLING Camilla	U/A	65.14	41	118.13	37	62.20	63			67.49	58			65.06	69	227		
FLIGG Jayne	York Knavesmire			113.03	41	63.29	58	66.40	49	69.54	53			73.05	58	210		
FEMALES O/40																		
JOHNSON Erika	Swaledale R.R.	43.09	100			41.29	100	43.44	100	42.48	100	104.56	100			400		
ATKINSON-TAIT Julia	Sedgefield	46.43	90					45.42	90	46.43	90	107.27	90	47.03	100	370		
HOWARD Louise	U/A	47.18	82	78.45	90	45.01	90			47.48	82			48.26	90	352		
SHARPLES Sue	Wetherby Runners	47.47	75	78.29	100	45.31	82	47.55	82	47.55	75	109.33	82	50.23	82	346		
VEHIGE Kim	U/A	52.21	69	86.53	82	51.08	75	53.17	69	52.34	63	119.57	75			295		
SUTTON-HAIGH Nik	Thirsk & Sowerby			91.36	58	51.13	69	54.38	63	53.56	49	127.58	63	54.37	69	264		
METCALF Amanda	Nidd Valley R.R.	53.47	53	88.42	75	51.41	53			52.39	58			54.15	75	261		
ATKINSON Nikki	Thirsk & Sowerby	53.15	58	88.49	69	51.24	63	57.00	53	56.18	45	130.51	58	55.43	63	253		
HOLT Jill	Ripon Runners	53.02	63	90.12	63	51.37	58	55.32	58	53.38	53	127.49	69	57.36	58	248		
HEUM Marina	Wetherby Runners			93.08	53	53.27	49	57.39	49					60.33	53	204		
SMITH Michelle	Nidd Valley R.R.	62.22	45	96.19	49	54.10	45	59.41	45	57.25	41	139.45	49	61.52	49	188		
CONLIN Helena	Ripon Runners	60.03	49	99.17	41	58.32	37	63.22	41	62.28	37	135.25	53	62.04	45	188		
KON Colette	Womens Running Net.	63.00	41	119.29	37					67.15	31			67.45	41	150		
FEMALES O/45																		
NETTLETON Sarah	York Knavesmire			72.26	100	42.45	100	44.06	100	43.16	100	100.02	100			400		
RICHARDSON Tonia	Totley A.C.	45.59	100	74.54	90	43.53	82			46.01	90	102.58	90	47.30	100	380		
HILES Lorraine	Thirsk & Sowerby	46.11	90	76.19	82	43.40	90	45.01	90							352		
DEACON Fiona	Nidd Valley R.R.	47.38	82	78.42	75			47.39	82	46.54	82	107.16	82			328		

McRAE Janet	Newton Aycliffe A.C.	48.48	75	81.04	69			50.05	75	51.52	75	115.24	75			300		
GILLIAM Hilary	Ripon Runners	58.47	53	95.44	58			58.09	69	56.34	69	127.57	69	58.30	90	297		
DUTKA Mel	Ripon Runners	56.20	69	94.08	63			60.09	63	58.28	63	133.40	63	59.36	82	277		
POOLEY Deborah	Thirsk & Sowerby			102.08	49	56.51	75			60.41	58			61.08	75	257		
KREMER Moira	Wetherby Runners			100.26	53	58.50	69	62.48	58	62.36	53	142.59	58	62.55	69	254		
MOSS Linda	York Knavesmire	60.55	63							66.37	49	151.19	53	68.22	63	228		
IGOE Sue	York Knavesmire			115.02	41	63.36	63	71.40	53	82.35	45			73.05	53	210		
FEMALES O/50																		
SEATON Judith	Thirsk & Sowerby	52.20	100	86.02	100	50.10	100	53.23	90	52.16	100	120.21	100	54.34	100	400		
GAMBLES Janine	Idle A.C.	55.00	75	88.20	90			50.33	100	52.56	90	121.56	90	57.23	75	355		
FAMBELY Jo	Thirsk & Sowerby	54.31	82	91.33	69	50.46	90	54.37	82					56.23	82	323		
DARLEY Jacqueline	Wetherby Runners	55.31	69	89.36	82	52.14	75	58.29	63	56.37	75	127.35	75	54.53	90	322		
BROWN Margaret	York Knavesmire			93.26	63	53.35	63	56.27	75	58.43	63	127.11	82	64.05	58	283		
HOWELL Eileen	Thirsk & Sowerby			99.18	49	54.35	58	58.18	69	58.34	69	130.53	69	57.54	69	276		
GREENWOOD Judy	Nidd Valley R.R.	59.58	58	93.55	58	53.22	69			60.11	58	137.22	63			248		
OLIVER Margaret	York Knavesmire	58.25	63	98.13	53	54.59	53	60.21	58	60.24	53	139.58	58	61.36	63	242		
BENSON Renna	U/A	61.20	49	101.54	45	56.33	49	60.29	53			152.44	53	66.41	53	208		
CLAYTON Lesley	U/A	61.04	53	103.59	41			62.23	49	63.23	49					192		
FEMALES O/55																		
MEDLAR Maureen	York Knavesmire			85.42	100			56.52	100	53.36	100	121.57	100	53.41	100	400		
HUNTER Marian	Swaledale R.R.	60.20	100	99.26	90	57.34	100	60.26	90	61.13	90					380		
SPITTLE Julia	Swaledale R.R.	61.10	90	103.08	82	60.09	90	62.25	82					64.03	90	352		
ADAMS Susan	York Knavesmire			111.41	75	64.06	82	65.35	75	67.25	82	148.16	90	68.30	82	336		
FEMALES O/60																		
PETTIFAR Carol	Wetherby Runners					60.51	100			69.23	100	161.26	100	67.51	100	400		
CARR Dot	U/A	71.33	100	114.32	100	67.17	90			73.36	90			70.10	90	370		
FEMALES O/65																		
CODLING Marian	Thirsk & Sowerby			124.15	100	69.44	90	75.33	90	73.45	90	170.03	100	73.56	100	380		